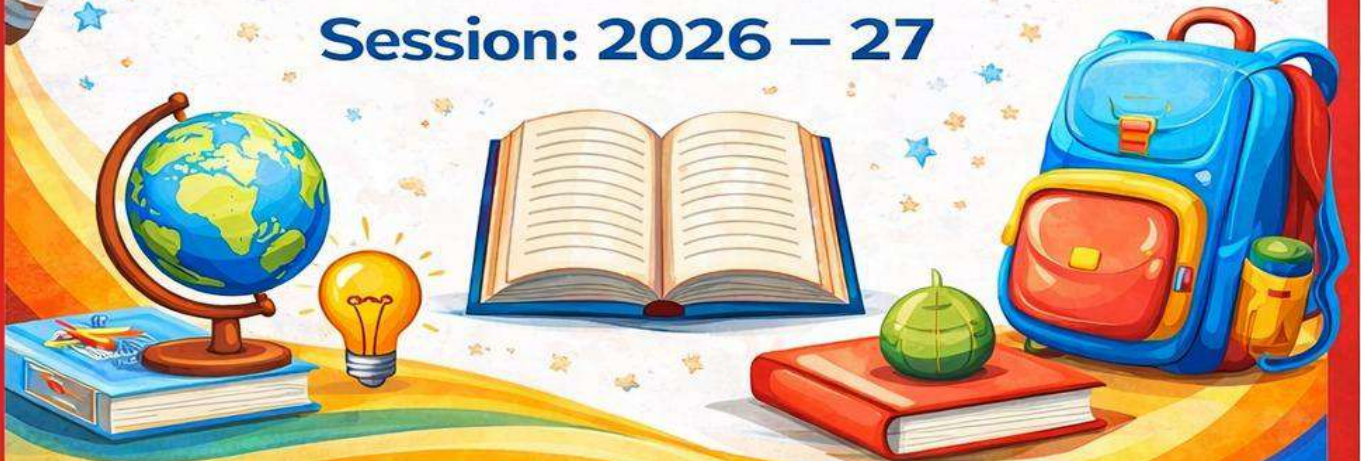




**MAHARSHI PATANJALI
VIDYA MANDIR
PRAYAGRAJ**

**CLASS VII
SYLLABUS
BREAKUP**

Session: 2026 – 27



Subject : English

	Periodic Assessment 1	Half-Yearly Examinations	Periodic Assessment 2	Annual Examinations
English Literature Main Course Book And Reader	Main Course Book Chapters 1 and 2 Reader Chapter 1	Main Course Book Chapters 3 to 8 Reader Chapters 3 and 6	Main Course Book Chapters 9 and 10 Reader Chapter 10	Main Course Book Chapters 11 to 16 Reader Chapters 8 and 11
English Language	Chapters 1 to 5 Vocabulary Chapters 6 and 7 Composition (Writing Skills) Chapters 5 and 9	Chapters 6 to 11 Vocabulary Chapters 2, 3 and 8 Composition (Writing Skills) Chapters 1 to 3 Chapters 1 to 5 (All the chapters included from Periodic Assessment 1 in Grammar)	Chapters 12 to 15 and 20 Vocabulary Chapters 1 and 9 Composition (Writing Skills) Chapter 4	Chapters 16 to 19 and 21 to 22 Vocabulary Chapters 4, 5 and 10 Composition (Writing Skills) Chapters 6 to 8 Chapters 12 to 15 and 20 (All the chapters included from Periodic Assessment 2 in Grammar)

Term-1

Subject Enrichment Activity on 'My Identity Tree'-

Students will create a visual identity tree.

The Roots (Past)- Write three words that describe your childhood (e.g. playful, protected, simple)

The Trunk (Present)- Write your current strengths and hobbies.

The Leaves (Future/Adolescence)- On each leaf, write a 'new experience' or 'change' you are noticing (e.g. changing voice, new friendships, feeling independent).

Creative Activity Assessment -

Students have to read the Reader Poem 'I Dream a World'; and taking inspiration from this- students will write self-composed poem based on the theme **Peace and Harmony**.

Term-2

Subject Enrichment -

Based on the Reader Chapter 4 'Lily of the Valley'.

Creative Activity Assessment-

Role-play based on the Reader Chapter 9 'The China Dog'.

Subject - हिंदी

Term- 1		Term- 2	
Periodic Assessment-1	Half Yearly Examination	Periodic Assessment-2	Annual Examination
मधुप पाठ से 1,2 व्याकरण से पाठ-1,2	मधुप से पाठ -3,4,5,6,7,8 व्याकरण से पाठ -3 ,4 ,5 ,6 ,7 8,9 ,19 पर्यायवाची (अग्नि से पृथ्वी तक) विलोम (अनुकूल से आदर तक) अनेक शब्दों के लिए एक शब्द (1 से 30 तक) मुहावरे (एक से 30 तक) लोकोक्ति (1 से 15 तक) पत्रलेखन (औपचारिक) अनुच्छेद लेखन, अपठित गद्यांश	पाठ -9, 10 व्याकरण से पाठ -10, 11	मधुप पुस्तक से पाठ -11, 12, 13, 14, 15, 16 व्याकरण से पाठ -12, 13, 14, 15, 17, 19 पर्यायवाची (पुत्र से वर्षा तक) विलोम(आस्तिक से गुण तक) अनेक शब्दों के लिए एक शब्द (31 से 60) मुहावरे(31 से 60 तक) लोकोक्ति (16 से 27 तक) अपठित गद्यांश, पत्र लेखन (अनौपचारिक और औपचारिक) अनुच्छेद लेखन

Term-1

विषय संवर्धन गतिविधि

उत्तर प्रदेश और राजस्थान के पांच पांच दर्शनीय स्थल की नाम और विशेषताएं चित्र सहित लेख लिखिए

रचनात्मक गतिविधि मूल्यांकन

संज्ञा और संज्ञा के विकार का माइंड मैप द्वारा उदाहरण सहित कक्षा में प्रस्तुति दीजिए।

Term -2

विषय संवर्धन गतिविधि

भारत के 10 स्वतंत्रता सेनानियों द्वारा दिए गए प्रसिद्ध हिंदी के नारे लिखिए और उनके बारे में संक्षेप परिचय दीजिए।

रचनात्मक गतिविधि मूल्यांकन

प्रेमचंद द्वारा रचित इस्तीफ़ा एकांकी का कक्षा में समूह में बनाकर नाट्य मंचन कीजिए।

Subject : Mathematics

Term- 1		Term- 2	
Periodic Assessment-1	Half Yearly Examination	Periodic Assessment-2	Annual Examination
Chapter- 1 and 2 (PART I)	Chapters- 1 ,2 ,3 ,4,5,6,7 and 8 of Part I	Chapter- 1 and 2 (PART II)	Chapters- 1,2,3,4,5,6 and 7 of Part II

Term-1

Subject Enrichment

On the topic “Changes during Adolescence”, record the height of 3–5 students over time (or use past data). Then calculate growth rate .

Also draw a bar graph by taking

X-axis → Time (years)

Y-axis → Height (cm)

Creative Activity Assessment:

To verify properties of parallel lines by paper cutting and pasting.

Term -2

Subject Enrichment -

“Algebra Puzzle Race” (Classroom Activity)

The classroom to be divided into groups. Each group should have a set of algebraic expressions and simplified forms. The students have to match expressions with correct answers in specific time.

Concepts Covered:

- ❖ Algebraic expressions
- ❖ Simplification of Algebraic Expressions

Creative Activity Assessment -

Layout of neighbourhood using topics of maths.

Subject – Science

Term- 1		Term- 2	
Periodic Assessment-1	Half Yearly Examination	Periodic Assessment-2	Annual Examination
Biology/ Chemistry- Chapters 1 & 2 Physics- Chapter 8	Biology/ Chemistry- Chapters 2, 4 & 6 Physics- Chapters 8 & 7	Biology/ Chemistry- Chapters 9 & 5 (till page 72) Physics- Chapter 3	Biology/ Chemistry- Chapters 5, 9, & 10 Physics- Chapters 11 & 12

Term-1

Art & Subject Integrated Learning - 'Mind Map Poster (Changes during adolescence)

What to include: Create a colourful mind map covering:

- Hormones (Pituitary gland, Testosterone, Estrogen)
- Physical Growth
- Emotional Development
- Importance of nutrition and hygiene
- Creative tip Use: different colours for boys and girls changes.

Creative Activity Assessment-: “Indicator showdown”

Term-2

Subject Integration: Construct a Sundial using paper, pencil and straw.

Creative Activity Assessment-“Changes during Adolescence”

Height Growth Survey & Analysis

Subject-Social Studies

Term- 1		Term- 2	
Periodic Assessment-1	Half Yearly Examination	Periodic Assessment-2	Annual Examination
Chapter- 1 (part – I) Chapter- 4 (part – I)	Chapter – 2, 3, 5, 6, 8, 9, 10 & 11 (part – I)	Chapter – 7 (part – I) Chapter – 12 (part – I) Chapter – 6 (part – II)	Chapter – 1, 2, 3, 4, 5, 7 & 8 (part – II)

Term 1

Subject Enrichment

‘Itihaas ke Panne’- Group Activity: Through this activity students will create a scene from the past and try to live up the characters of that event.

Creative Activity Assessment- on 'changes during adolescence' - at what age children start taking responsibilities in ancient India

Term 2

Subject Enrichment

‘If my land could speak’ (Monologue)- In this activity the students will represent themselves as the various landforms and relief features of India.

Creative Activity Assessment on 'changes during adolescence' - how climate and surroundings affect lifestyle and growth

Subject- Computer

Term- 1		Term- 2	
Periodic Assessment-1	Half Yearly Examination	Periodic Assessment-2	Annual Examination
Chapters- 1,2	Chapters- 1,3,4 & 5	Chapters- 6 & 7	Chapters- 6,8,9 & 10

Term 1

Subject Enrichment

Design a poster or digital presentation that includes:

- Definitions and examples of each number system.
- Conversion methods with examples.
- Real-life applications and their significance.

Creative Activity Assessment

Prepare a weekly study time table in MS Excel.

Term 2

Subject Enrichment

Create a collage on GIMP to showcase various Indian festivals such as Diwali, Holi etc.

Creative Activity Assessment

Create a simple HTML web page on the topic **Cultural Diversity**.

Subject- Sanskrit

Term- 1		Term- 2	
Periodic Assessment-1	Half Yearly Examination	Periodic Assessment-2	Annual Examination
पाठ-1: एषा सप्तमी कक्षा। पाठ-2 : वन-भोजः रूप- 'गम्' धातु के चारों लकार व 'लता' का शब्द रूप	पाठ 1, पाठ-2(व्याकरण) पाठ-3 से 8 तक रूप - 'नदी' व 'तत्' पुल्लिङ्ग व 'भू' धातु के चारों लकार। (लट्, लोट्, लृट्, लङ्) तुमुन् व क्त्वा प्रत्यय	पाठ-9 : चातुर्य तेनालीरामस्य। पाठ-10- भागीरथी रूप- 'तत्' शब्द सर्वनाम् का रूप स्त्रीलिङ्ग में एवं 'दृश्' धातु के चारों लकार।	पाठ-9 -10 से (व्याकरण) पाठ-11-16 तक रूप 'किम्' शब्द का पुल्लिङ्ग व स्त्रीलिङ्ग। 'कृ' धातु के चारों लकार

Term-1

विषय संवर्धन गतिविधि -

छात्र सत्संगति पर आधारित दो श्लोक कण्ठस्थ कर सस्वर सुनाएं।

रचनात्मक गतिविधि मूल्यांकन -

किन्हीं पांच सूक्तियों को अर्थ सहित उत्तर पुस्तिका में सचित्र लिखें।

आदि कवि वाल्मीकि एवं कवि कालिदास के जीवन परिचय पर आधारित पांच-पांच वाक्य संस्कृत में सचित्र लिखे।

छात्र दैनिक उपयोग की दस वस्तुओं के चित्र बनाकर उनके संस्कृत में नाम लिखें।

